

CYCLING IN THE COTSWOLDS

ISBN: **9781852847067** (Short Code: 706)

Publication Date: **March 2014**

Price: **£12.95**

Edition: **First**

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Paperback Gloss Laminated, 208 pages

17.2cm x 11.6cm

In 21 varied half- and full-day routes (including the new Two Tunnels Route in Bath), and a four-day 200km tour, this guide describes all the best cycling to be had in and around the Cotswolds Area of Outstanding Natural Beauty.

The impossibly pretty honey-hued villages, historic wool towns and ancient markets of the Cotswolds make it a delightful area to explore by bike. It boasts a network of quiet lanes, cycle-friendly canal paths and bridleways, as well as gentle riding on its southern and eastern rolling hills, while the scarp slope on its western side gives short but steep hill challenges.

The guide's routes are graded from moderate to challenging, and each gives information on surface, distance and ascent as well as those all-important en route cafés and pubs. With detailed lists of recommended gear and local cycle shops, as well as comprehensive details on repair, first aid and pre-ride checks, this is your ideal guide to experiencing the best of the Cotswolds by bike.

Key marketing points

- All the routes use quiet lanes, canal paths and bridleways
- Routes to suit all abilities, from steep scarp-slope hill challenges and a 200km tour, to gentle family-friendly half-day routes
- Cycle tours throughout the Cotswolds, from bases including Cirencester, Stroud, Cheltenham, Stow-on-the-Wold, Tetbury and Stratford-upon-Avon

About the author

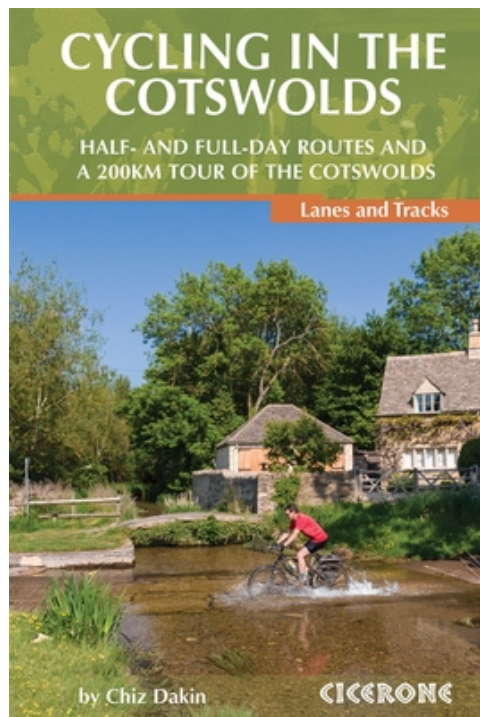
Chiz Dakin's cycle touring adventures began when she realised, after a local photography trip, that she'd cycled 50 miles in a day with a reasonably heavy load. Two weeks later she set out on the LEJOG route! Since then she's done several multi-day routes but maintains that you don't need to be seriously fit or fast to fully enjoy cycling.

Related books

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9781852846305 - Cycling in the Peak District

9781852846923 - Walking in the Cotswolds



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