

# THE TEESDALE WAY

From Dufton to the North Sea

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This is the second edition of this excellent trail following the Tees from its source near Dufton in the Cumbrian Pennines through the north-east countryside to the North Sea near Teeside.

The 100 miles of the route are described in eight stages, with excellent walking in varied country passing through wild moorland and deep dales, many with dramatic waterfalls, through gentle pastures and industrial towns. Illustrated with OS maps and colour photographs, the guide includes all the information, such as accommodation, necessary to complete the route.

This guide also includes a selection of 10 circular walks based on and around the route.

## Key marketing points

- The only book on this regional route, now fully updated.
- An excellent 1-week or leisurely 2-week route.
- To be published with new guides The Dales Way, The Cotswold Way and The Ribble Way.

## About the author

Martin Collins is a freelance author, photo-journalist and cartographer, as well as a regular contributor to the UK outdoor media. He has written over twenty books for walkers embracing the coast, mountains and countryside of the UK and parts of Europe.

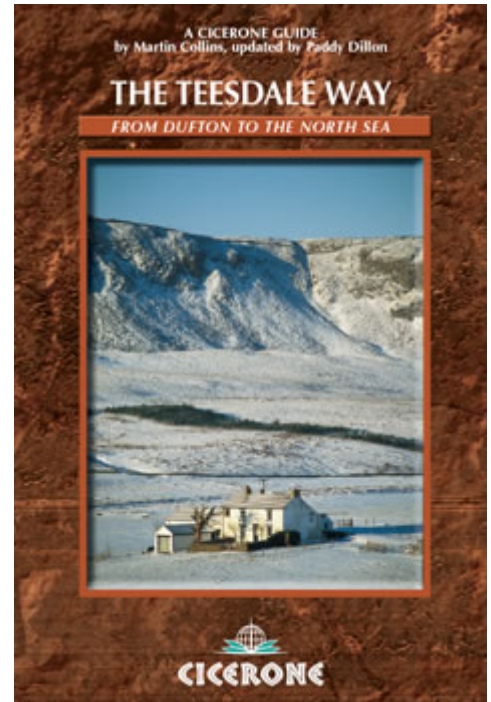
Paddy Dillon is a prolific outdoor writer with a score and more books to his name.

## Related books

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