

WALKS IN THE FOREST OF BOWLAND

30 short walks in an area of outstanding natural beauty

ISBN: **9781852842512** (Short Code: 251)

Publication Date: **April 2013**

Price: **£7.99**

Edition: **First**

Author: **Jack Keighley**

Paperback Gloss Laminated, 72 pages

21.6cm x 14.6cm

The Forest of Bowland, a wild and sparsely populated region of some 312 square miles, is undoubtedly the finest upland landscape that Lancashire has to offer, and was designated an Area of Outstanding Natural Beauty in 1964. It is a great dome of bare, windswept moors gashed by deep, desolate cloughs and verdant river valleys, sprinkled here and there with picturesque villages, tiny secluded hamlets and lonely farmsteads.

When you have completed all the walks in this book you will have tramped over sombre moors, sauntered through silent forests and shady woodland glades, meandered along sun-kissed river-banks, ambled across flowery meadows and breezy upland pastures, strolled down leafy lanes, stumbled through glutinous quagmires and slimy peat hags, gazed in admiration from breathtaking viewpoints, fallen over decrepit stiles and cursed the author for getting you lost. You will have seen this Arcadian countryside in all its facets and possibly - if you've walked through four seasons - in all its moods. Inevitably you will have fallen in love with 'Bolland'. It's that sort of place.

All the walks described in this book are circular and begin at a place where a car may be parked without causing an obstruction. They are fairly uniform in length, an average of 6½ miles making them half-day rather than full-day excursions

About the author

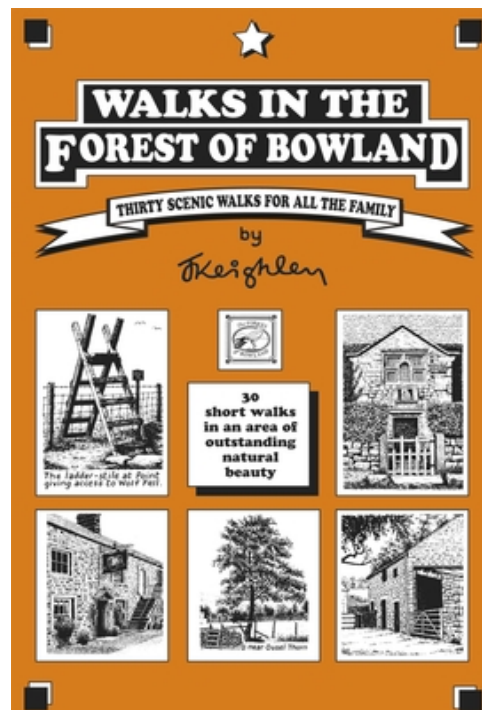
Jack Keighley is a Lancastrian who for many years has lived in Yorkshire and has derived great pleasure from walking in the Dales - one of England's most beautiful and spectacular natural areas.

Related books

9781852842840 - Walks in Ribble Country

9781852844394 - Walking in Lancashire

9781852844462 - Walks in Lancashire Witch Country



We can help you

- Select the best range
- Keep up to date with new titles and editions
- Organise promotions
- Provide shelf display units, and spinners for larger ranges
- Arrange author talks and support in-store events

Contact Sarah Spencer
sarah@cicerone.co.uk

CICERONE

2 Police Square, Milnthorpe, Cumbria, LA7 7PY

www.cicerone.co.uk - Contact sarah@cicerone.co.uk - Or call 01539 562 069