

WALKING IN THE THAMES VALLEY

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This guide book contains a collection of 25 adventurous circular walks in the Thames Valley, covering the Southern Chilterns, Berkshire, Lambourn and North Hampshire Downs, and Southern Oxfordshire, all within easy reach of Reading, Newbury, Abingdon and surrounding towns.

The walks vary in length from 10 to 18 miles and include a two-day (26 miles) weekend walk over the Lambourn Downs. All walks have a detailed route description that includes information on points of interest along the way and are accompanied by a map of the route. Ten of the walks also have shorter (around 7 to 10 miles) options detailed, for those times when you want a less strenuous walk.

Some of the walks visit the remains of Iron Age hill forts while others pass more modern features such as Wilton Windmill and the Kennet and Avon Canal. Some follow sections of the Ridgeway National Trail, while others gently meander along the banks of the River Thames. What they all have in common is that they take the adventurous Rambler to some of the best parts of the region.

Key marketing points

- A collection of 25 adventurous walks in the region
- Day-long routes to fully appreciate the countryside
- Easily accessible by car and public transport from London and the south-east

About the author

Steve Davison is a writer and photographer who has lived in Berkshire for the past twenty years. He has written for a number of outdoor magazines and other publications, including local and national newspapers, specialising in hill walking and European travel, with interests in nature, geology and the countryside. A keen hill walker and holder of a Mountain Leader (summer) Certificate, Steve has also worked as a part-time outdoor education instructor. He is a member of the Outdoor Writers and Photographers Guild.

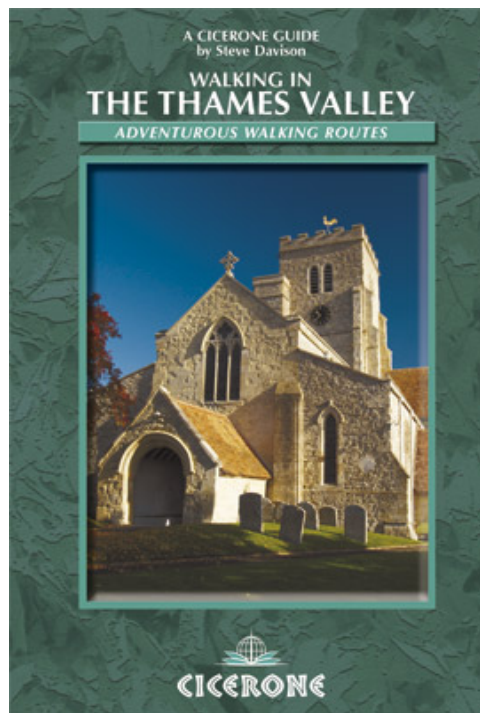
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