

SHORT WALKS IN LAKELAND

BOOK 2: NORTH LAKELAND

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Authors: **Aileen Evans, Brian Evans**

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17.2cm x 11.6cm

This book divides North Lakeland into six regions: Borrowdale, the northern fells, Patterdale and Ullswater, Newlands and the north west, Thirlmere, the eastern fells and dales.

57 walks are described, generally between four and eight miles, enough to fill pleasantly a good half day or leisurely full day, ideal for day visitors or family walkers. Many walks offer short return. It is not a high fell-walking guide although many worthwhile summits are included. Priority is given to the lower fells and dales which are as rewarding as their higher brethren.

Some of the walks are classic and well used, others seek out lonely miners-tracks or medieval hollow ways which are still green and a joy to walk. Interesting features are pointed out along the way, whilst the specially drawn maps include relevant walk details.

Key marketing points

- Reprinted with new cover
- 57 short walks of between four and eight miles
- Comprehensive coverage of North Lakeland
- Illustrated with the authors' own sketches, artwork and photographs
- Part of a three-set volume
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About the author

Brian and Aileen Evans, both now retired, have enjoyed a lifetime's love of the outdoors. They have climbed, walked, skied and camped in many parts of Europe and North America, yet always returns to the Lake District, which has a special place in their affections.

They have both always enjoyed adventure sports including pot-holing, wild-water canoeing, skiing and alpine mountaineering. They still particularly enjoy rock climbing in all its forms, from long adventurous climbs where route-finding skills are necessary to single-pitch bolted sports climbs in the Mediterranean sun.

At home in Lancashire with their collie, Meg, they enjoy painting, gardening and planning the next adventurous trip.

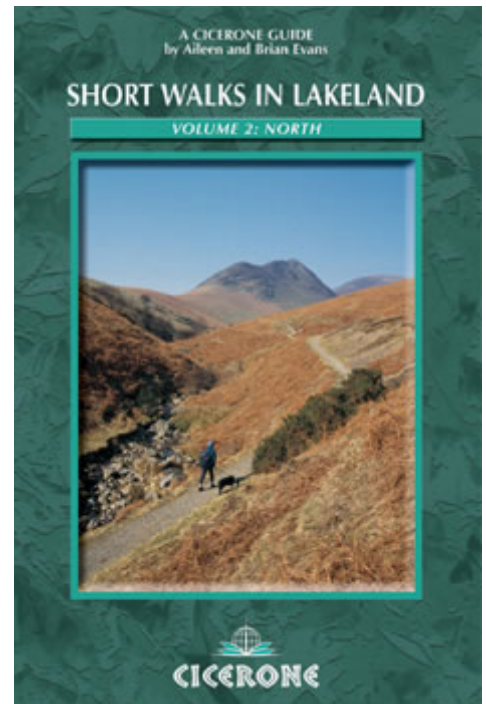
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