

BACKPACKER'S BRITAIN: NORTHERN SCOTLAND

Thirty two- and three-day treks

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The Highlands of Scotland are evocative of our great wilderness areas, and here, in the Far North, even more so. Backpackers venturing into these remote lands get a true sense of being away from it, and this book gives a superb starting point for those wanting to explore this wonderful mountain region. A total of 30 multi-day backpacking routes are described, taking you along rugged coastlines from the Shetland Islands to the Rough Bounds of Knoydart, and across mountain ridges from the northern tip of Skye to the great trench of Glen Affric. Most of these routes take just two or three days to complete, but for those wanting an even wilder experience a handful of longer routes are also included.

- 30 routes of two to three days through the northern Highlands and Islands. Includes Shetlands, Orkney, Hebrides, Skye, Torridon and Knoydart
- Covers both wild camping and bothy treks

Key marketing points

- Third volume of increasingly successful series of Backpacking guides.
- Probably Britain's best backpacking region, the northern Scottish Highlands.
- All the inspiration needed, plus practical information to get the best from these weekend-long trips.

About the author

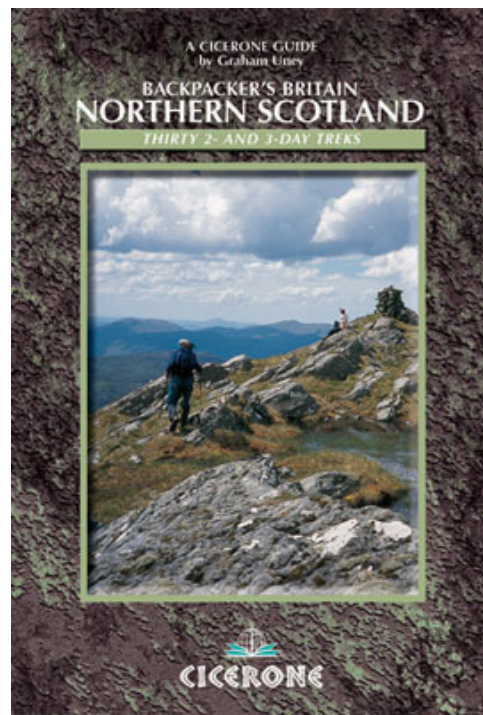
Graham Uney's love of the mountains has taken him to all corners of the UK and further afield to the Himalayas, North Africa and Europe. He indulges in his passions for backpacking, hill walking, rock climbing, winter mountaineering, orienteering and wildlife watching at home in the highlands of Scotland.

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