

WALKING ON THE ISLE OF WIGHT

The Isle of Wight Coastal Path and 24 coastal and countryside walks

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A guidebook to 33 walks exploring the Isle of Wight. Ranging from 5 to 18 miles (8–29km) in length, the walks explore popular areas such as the Needles as well as less well-known locations. There is a good coverage of walks across the island, with routes around Bembridge, Ventnor, Shanklin, Cowes and Yarmouth. Nine of the walks can be linked together to form the 70-mile Isle of Wight Coastal Path, which circumnavigates the island.

Most of the walks are graded easy to moderate, many of the walks are interconnected and fitter walkers could choose to do two or three in one day.

With an incredible 525km (326 miles) of footpaths on an island of just 381 square kilometres (147 square miles), The Isle of Wight is an ideal size for a walking holiday. A huge choice of where to walk means that walkers can experience all the diversity the island has to offer – jaw-dropping views such as those from the magnificent coastline of West Wight, St Catherine's Point and the Needles, sweeping downland, as well as 2000 or so listed buildings.

The guide contains clear step by step route descriptions for each walk, accompanied by an extract from 1:50,000 OS mapping. There is information about refreshment and accommodation options on route and plenty of details about the island's history and the interesting places encountered.

About the author

Paul Curtis fell in love with the Isle of Wight on his first visit as an adult in 2008. Surprised and inspired by the sheer variety of landscapes in a relatively small area, he kept returning over the next three years and ended up walking nearly every footpath on the island before being commissioned by Cicerone to write a guidebook. He has lived on the island since 2011 but regularly finds time to walk and cycle on the mainland and internationally.

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