

THE HIGH MOUNTAINS OF CRETE

The White Mountains, Psiloritis and Lassithi Mountains

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Crete is well known to be blessed with Mediterranean sun, and thousands flock to its resorts every year. But the inland mountains that rise craggy and stark behind the beaches provide not only warm, sunshine days, but plenty of mountain adventures for walkers of all abilities.

87 routes, a combination of short walks, full days and multi-day treks are explored in this guidebook. Divided into regions; western Crete's White Mountains, central Crete's Psiloritis Mount Ida and eastern Crete's Lassithi Mountains, there is a wealth of walking to be explored, all accompanied by information on the island's culture and history, points of interest, mapping and photography.

Key marketing points

- Third edition established and authoritative guide to walking routes on Crete

About the author

Loraine Wilson is an experienced guide to the White Mountains with over 18 years experience, a wealth of local knowledge and contacts, together with a deep love of the wild landscape and local people. On her returns to England she is an architectural photographer and her photographs are a splendid attraction to this, her first guide.

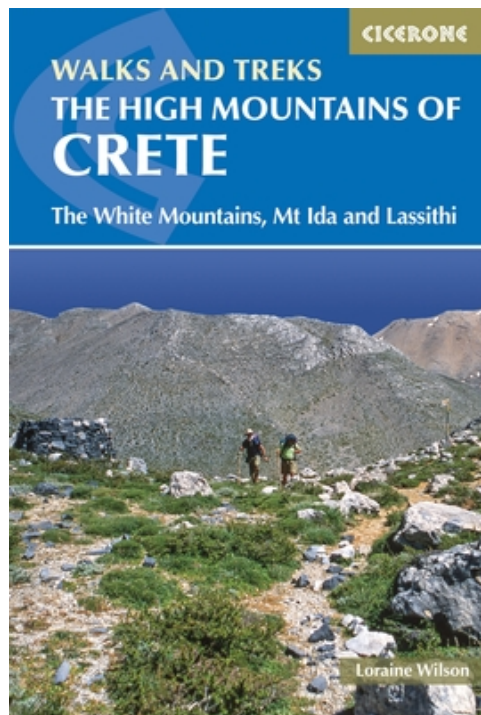
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