WALKING IN THE ALPS

A comprehensive guide to walking and trekking throughout the Alps

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Walking is unquestionably the best method of exploring, and it is the mountain walker for whom journeys in the Alps reveal some of the finest views, the greatest contrasts. This book is a definitive guide to the many thousands of possible routes, with a geographical span that ranges from the Maritime Alps of southern France to the Julians of Slovenia, from Italy's Gran Paradiso to the little-known Türnitzer Alps of eastern Austria, and from the ice-bound giants of the Bernese Oberland to the green rolling Kitzbüheler Alps and the bizarre towers of the Dolomites of South Tirol, showing the amazing diversity of this wonderful mountain chain.

There are walks to suit every taste: gentle and undemanding, long and tough, and everything in between.

Written by Britain's most respected authority on the Alps, this is a fully updated edition of this important book.

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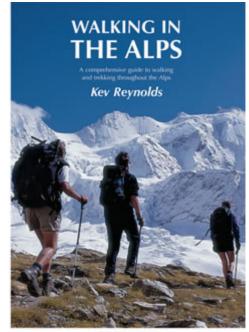
About the author

Kev Reynolds is a freelance writer, photojournalist and lecturer whose first title for Cicerone Press (Walks and Climbs in the Pyrenees) appeared in 1978 and is still in print. He has published many books on the Alps, a series of trekkers? guides to Nepal and, nearer to home, several guides on walking in southern England. A member of the Alpine Club, Austrian Alpine Club and the Outdoor Writers? Guild, he is also first honorary member of the British Association of European Mountain Leaders.

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