

THE CUMBRIA COASTAL WAY

ISBN: **9781852844301** (Short Code: 430)

Publication Date: **March 2007**

Price: **£12.00**

Edition: **First**

Authors: **Ian Brodie, Krysia Brodie**

Paperback Gloss Laminated, 224 pages

17.2cm x 11.6cm

The Cumbria Coastal Way is a walking route from north Lancashire towards the Scottish border.

The route follows the Cumbria coast from the boundary with Lancashire, around the southern Cumbrian peninsulas with their vast stretches of estuarine sands, through the Lake District National Park and the industrial heritage of the west coast, along the Solway Firth and through border country to the historic city of Carlisle with glimpses of Hadrian's Wall, then into Scotland to end at the famous border town of Gretna.

The route was established by Cumbria Council in the late 1980s and can be walked in its entirety, or walked in sections, by people of all ages and abilities. It is well supported by public transport.

Key marketing points

- Established waymarked coastal route in an outstandingly beautiful county
- Can be walked in sections, or in a two-week trek. The whole route is suitable for most grades of walker.

About the author

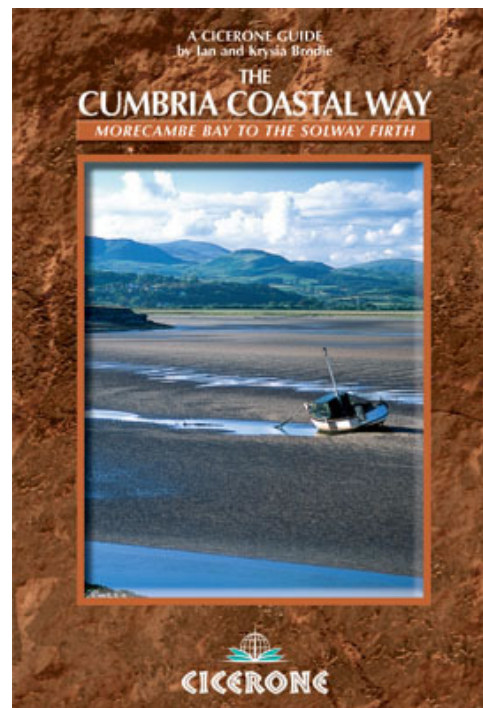
The authors, Ian and Krysia Brodie, have worked together on several walking books including 'Walking from Garstang', now in its fourth edition. They frequently walk along the coast as well as amongst the fells and wider landscapes of northern England.

Related books

9781852841447 - Short Walks in Lakeland Book 1: South Lakeland

9781852842321 - Short Walks in Lakeland Book 2: North Lakeland

9781852844967 - Tour of the Lake District



We can help you

- Select the best range
- Keep up to date with new titles and editions
- Organise promotions
- Provide shelf display units, and spinners for larger ranges
- Arrange author talks and support in-store events

Contact Sarah Spencer
sarah@cicerone.co.uk

CICERONE

2 Police Square, Milnthorpe, Cumbria, LA7 7PY

www.cicerone.co.uk - Contact sarah@cicerone.co.uk - Or call 01539 562 069