BACKPACKER'S BRITAIN: WALES

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The mountains of Wales are a great place to 'get away from it all' for a few days, and this book describes the very best backpacking routes throughout the principality. A total of 25 two- or three-day walks take you into the most scenic, beautiful and wild parts of Wales, each one with a night or more out among the mountains at wild camp sites, bothies or hostels.

The routes cover all the main mountain ranges, from Snowdon, the Glyderau and Carneddau in the north, down to the Black Mountains, Brecon Beacons and Fforest Fawr ranges in the south.

The guide also includes the superb ridges of the Arans, Arenigs, Berwyns and Cadair Idris, and the bleak moorland vastness of the Cwmdeuddwr hills and Plynlimon.

Details of equipment, mountain safety and navigation as well as a bibliography make this a complete guide to backpacking in Wales.

Key marketing points

- Wide coverage of the mountain ranges of Wales from north to south.
- Routes indicated on Ordnance Survey mapping.
- Includes safety, equipment and navigation information.
- · Accompanies Volume 1: Northern England.

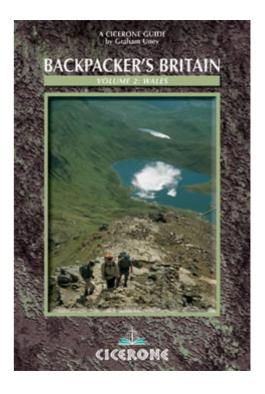
About the author

Graham Uney?s love of the mountains has taken him to all corners of the UK and further afield to the Himalayas, North Africa and Europe. He indulges in his passions for backpacking, hill walking, rock climbing, winter mountaineering, orienteering and wildlife watching at home in the highlands of Scotland.

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