

WALKING ON THE COSTA BLANCA

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This guide describes 50 circular walks and scrambles exploring the Costa Blanca mountains, around the resorts of Alicante, Benidorm and Calp. These walks range from gentle strolls to demanding days with steep climbs, and from 3-20km in distance.

The Mediterranean coast is one of Europe's most popular winter sun adventure destinations. In general UK visitors are best suited to the heat from late autumn to early spring. Beyond the beaches and high rises lies a completely different world of accessible, rocky mountains and knife-edge ridges that stretch away in long chains of gleaming white limestone pinnacles, and the range of walks ensures that everyone can enjoy this spectacular Spanish landscape.

This guide also includes background information on local geology, wildlife and history, and planning details on where to go, where to stay and what to take.

Key marketing points

- Established walking and climbing destination
- Best for walking between autumn and spring
- Easy access from coast and airports
- Range of routes, mostly for moderate and strenuous walking, with some scrambling

About the author

Terry Fletcher has walked and climbed among the mountains of the Costa Blanca for more than 30 years. His love of wild places has taken him all over Europe and North America, where he has a particular fascination for the sandstone canyonlands and deserts of the American South West. As a full time professional writer and photographer for more than 40 years, his work has appeared in almost every national newspaper as well as specialist magazines. He has also appeared on network television and radio as a commentator on the outdoors. He is a former editor of Cumbria and Lake District Magazine, Dalesman and The Countryman. He lives in the Yorkshire Dales.

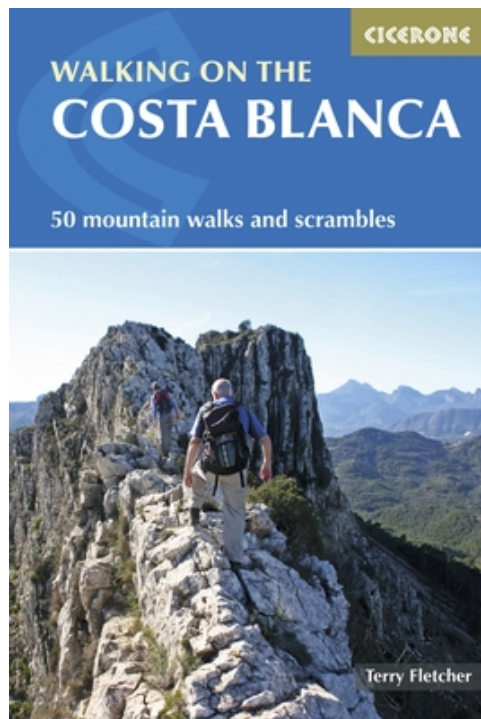
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