

# THE RIDGEWAY NATIONAL TRAIL

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How about following in the footsteps of over 5000 years of human history? This guide to the Ridgeway National Trail allows exactly that. In 12 sections, from 7.5km to 16km, discover the extraordinary sights our ancestors have left on the trail, including the UNESCO World Heritage Site of Avebury's Neolithic stone circle and the famous Uffington White Horse.

The trail is a 139km (87-mile) route that starts at Overton Hill, near Avebury, Wiltshire, and finishes at Ivinghoe Beacon, Buckinghamshire. Typically taking 5–7 days, it follows a ridge of chalk hills across southern England, passing through two Areas of Outstanding Natural Beauty: the chalky North Wessex Downs and the more wooded environs of the Chiltern Hills.

It is well waymarked, follows good tracks and paths and, by not exceeding 300m, is fairly low-level throughout. The guide gives information on historic sites and details of excursions to nearby towns and villages, as well as practical information on useful contacts and accommodation. Primarily written as a west-to-east route, the guide also gives details of the trail in reverse.

## Key marketing points

- Through two Areas of Outstanding Natural Beauty
- Ideal for day trips and long-distance
- Peaceful escape from one of Britain's most populated areas
- Britain's oldest trail, passing UNESCO historic sites and with far-reaching views
- More than half the trail suitable for horse and bike riders

## About the author

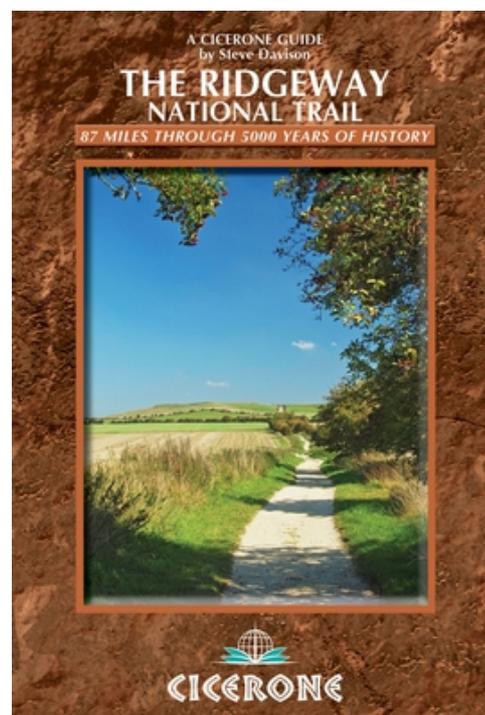
Steve Davison has been a keen hill walker for many years. A freelance writer and photographer, he holds a Mountain Leader certificate and has worked as a part-time outdoor education instructor. He has written for a number of outdoor magazines as well as local and national newspapers, specialising in hill walking as well as UK and European travel. Steve is a member of the Outdoor Writers and Photographers Guild.

## Related books

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9781852845704 - Walking in the Thames Valley

9781852847074 - The Peddars Way and Norfolk Coast Path



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