

CHAMONIX MOUNTAIN ADVENTURES

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By not focussing on any one individual outdoor activity, this guidebook shows the vast range available in the mountains surrounding Chamonix. With routes for several different pursuits including walking, trail running, mountain biking, road cycling, via ferratas, rock climbing, mountaineering and bouldering, it is a comprehensive collection of everything this popular region has to offer.

All the routes and activities range in difficulty, from easy strolls for all abilities to moderate rock climbs and glacier hikes, which require either technical skills or a professional guide. Families, groups of friends and mountaineers looking for a 'rest day' or a change to what they're used to will all find something to whet their appetites here.

Chamonix has long been a dream destination for mountain adventures and its environment is ideal for such a varied list of activities. This guide allows you to enjoy its spectacular views and renowned summits in many different ways or by mixing and matching your favourites.

Key marketing points

- Includes the ascent of Mont Blanc by the normal route
- Chamonix can attract up to 100,000 visitors per day in summer
- Superb facilities and infrastructure for an activity holiday
- No other book covers this range of routes and activities

About the author

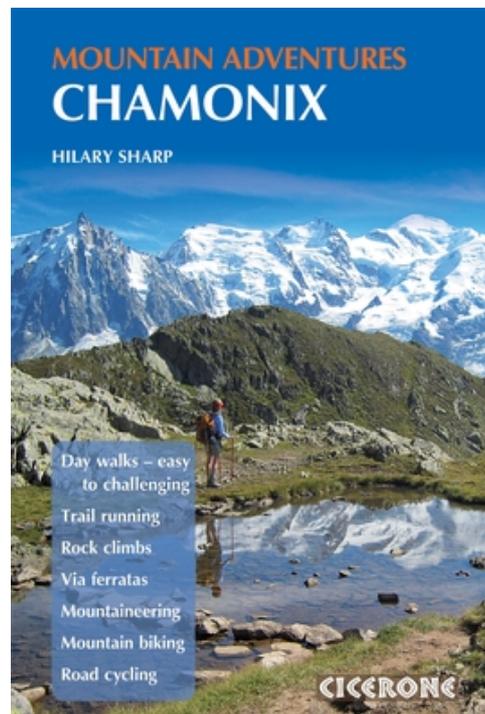
Hilary Sharp is a qualified Accompagnatrice en Montagne (International Mountain Leader) based permanently in the village of Vallorcine, near Chamonix-Mont-Blanc in the French Alps. A native Brit, she runs her own trekking business, leading guided walks and treks. Hilary has contributed to several British walking magazines and hiking guides. This is her fifth guidebook for Cicerone.

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