

THE HILLWALKER'S MANUAL

A definitive source of reference

ISBN: **9781852843410** (Short Code: 341)

Publication Date: **March 2015**

Price: **£12.95**

Edition: **Second**

Author: **Bill Birkett**

Paperback Gloss Laminated, 160 pages

21.6cm x 13.8cm

The leading practical manual for the walker, covering equipment, safety, navigation, survival and photography.

- The Hillwalker's World

Weather and seasons, physical features, altitude and nature, organisations, hill environment

- Equipment

Footwear, clothing, rucksacks, winter, equipment care

- Navigation

Using the map, compass work, other methods of navigation

- Techniques

Route planning, preparation, footcare, group leadership, solo walking, walking technique

- Survival

Being prepared, dealing with natural hazards, accident and rescue

- Photography

Cameras, lenses, filters, tripods, film, storage, techniques, sharp photographs, light, composition

Key marketing points

- An up-to-date manual for all walkers.
- Includes advice on all aspects of the walker's environment, gear, navigation, survival and photography.

About the author

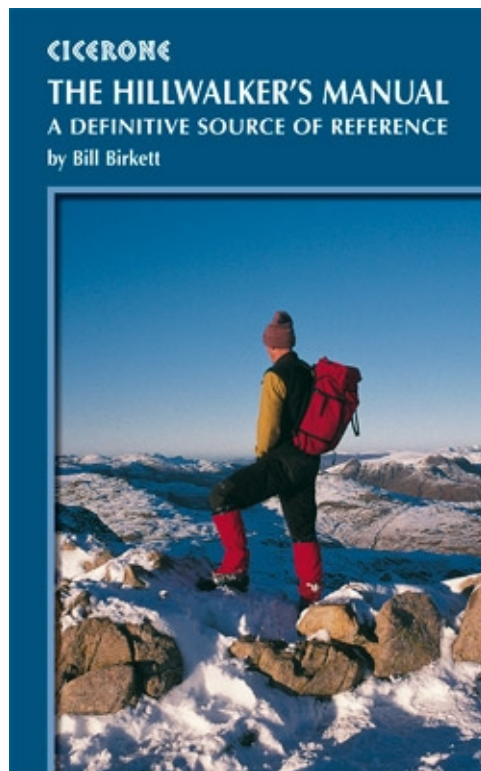
Bill Birkett is an experienced walker and climber and has written extensively on many outdoor activities, especially Lakeland climbing and walking.

Related books

9781852843939 - The Hillwalker's Guide to Mountaineering

9781852844806 - Mountain Weather

9781852845988 - Map and Compass



We can help you

- Select the best range
- Keep up to date with new titles and editions
- Organise promotions
- Provide shelf display units, and spinners for larger ranges
- Arrange author talks and support in-store events

Contact Sarah Spencer
sarah@cicerone.co.uk

CICERONE

2 Police Square, Milnthorpe, Cumbria, LA7 7PY

www.cicerone.co.uk - Contact sarah@cicerone.co.uk - Or call 01539 562 069