

# LIGHTWEIGHT CAMPING

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Author: **John Traynor**

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21.6cm x 13.8cm

Flexibility. Freedom. Fun. Relying on gear that one person can carry – whether on foot, by bike, paddling or even taking the car or motorbike – is great. Throw in great value for money and 'green' credentials and it's unbeatable.

From picking a campsite in the wild to coping with bad weather, this new guide provides detailed information and advice on how to get the most out of camping light. Practical in its focus, the key factors in tent, stove and sleeping bag purchase are laid bare along with how to make best use of whatever's in your rucksack. Drawing on hard-won experience, the author explains how to cope with camping in cold and hot weather, by water, in the mountains and how to minimise your impact on the outdoor environment.

## Key marketing points

- Practical guide for all aspects of lightweight camping
- Emphasis on modern 'green' and low-cost aspects
- Author is a highly experienced outdoor journalist

## About the author

From camping as a youngster in the Welsh valleys, John Traynor has gone on to backpack, pedal, paddle and tour by car around the UK, Europe and much further afield. From Iceland to South Africa and from Canada to South East Asia, he has enjoyed many nights under canvas. A regular contributor to outdoor magazines and founding member of the Outdoor Writers Guild, he splits his time between Europe and southern Africa. This is his first guide for Cicerone.

## Related books

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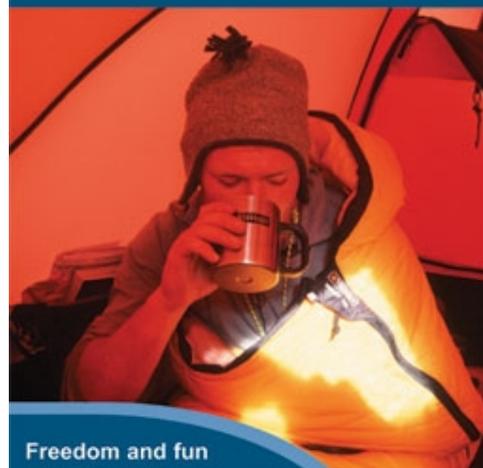
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## LIGHTWEIGHT CAMPING

by John Traynor



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