

WALKING IN KENT

40 circular short walks and day walks

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This guidebook describes 40 of the best walks in the county of Kent in southern England. Walks are grouped into two parts: west Kent and The Weald, and north and east Kent. The half-day rambles or full-day walks range from 5 to 9 miles and are suitable for walking in all seasons. The guidebook also gives outlines of 11 longer walks in the Kent area, including the Darent Valley Way, the Saxon Shore Way and the North Downs Way national trail.

Kent is a wonderfully diverse county and these walks explore every corner, from the estuaries of the Medway and to the vast sweep of the Weald with its historic villages, orchards, hop gardens and vineyards. Encompassing woodland walks, clifftop paths and riverside rambles, there is something for everyone here.

Every walk is accompanied by extracts from 1:50K OS mapping, and key information such as distance, access, parking and where refreshments are available. As well as detailed route descriptions there is background information about some of the many interesting buildings, places and features encountered. A full bibliography of recommended reading for those who want to get to know this county better.

About the author

Kev Reynolds is a freelance writer, photojournalist and lecturer. A prolific compiler of guidebooks, his first title for Cicerone Press (Walks & Climbs in the Pyrenees) appeared in 1978; he has since produced many more titles for the same publisher, with others in the pipeline. A member of the Outdoor Writers- Guild, the Alpine Club and Austrian Alpine Club, his passion for mountains and the countryside remains undiminished after a lifetime-s activity, and he regularly travels throughout Britain to share that enthusiasm through his lectures.

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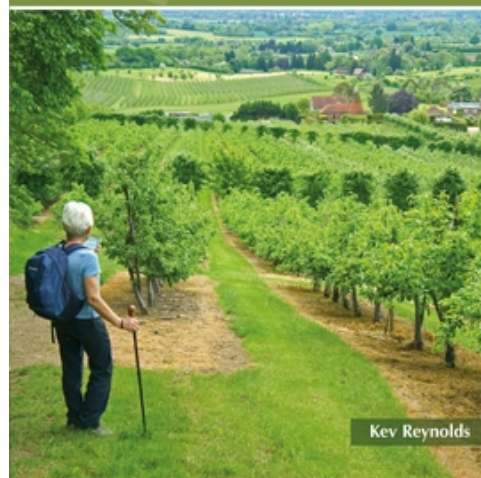
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