

# WALKING ON THE AMALFI COAST

Ischia, Capri, Sorrento, Positano and Amalfi

ISBN: **9781852848828** (Short Code: 882)

Publication Date: **June 2017**

Price: **£14.95**

Edition: **Second** (replaces 9781852845919)

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Paperback Gloss Laminated, 192 pages

17.2cm x 11.6cm

The 32 routes in this guidebook explore the coastline between Sorrento and Amalfi, together with the islands of Capri and Ischia. Ranging from 3km to 11km, the walks are all designed to be fitted into a single day, with a panoramic picnic stop halfway round and perhaps a plunge into the sparkling Mediterranean at the end. Walks are graded on a scale of 1-3 and are suitable for a range of abilities, from family strolls to strenuous treks across rugged terrain.

Recognised as a World Heritage Site, the steep southern edge of the Sorrento peninsula on the Gulf of Naples is famous for its medieval villages perched atop plunging cliffs, with their near-vertical vineyards and lemon orchards and the famous volcano Vesuvius an ever-present backdrop.

Split into the five sections of Ischia, Capri, Sorrento, Positano and Amalfi, each walk includes relevant public transport information as well as a sketch map. The book also provides local and practical information, accommodation options and an Italian–English glossary.

## About the author

Gillian Price was born in England, and has travelled through Asia and trekked the Himalayas. From her home in Venice, she is now exploring the mountain ranges and flatter parts of Italy to produce a series of outstanding guides for Cicerone. Gillian is an active member of the Italian Alpine Club and the Outdoor Writers and Photographers Guild.

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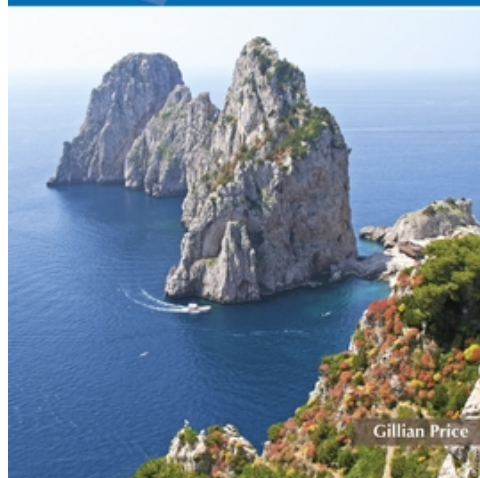
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