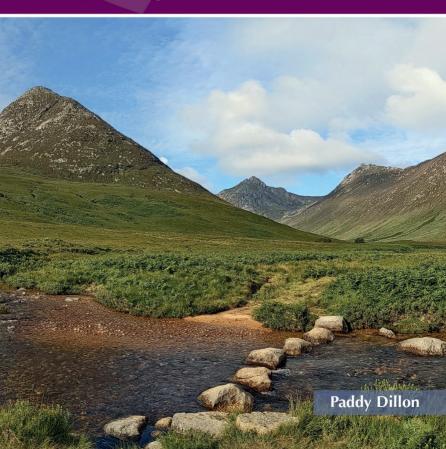


## WALKING ON ARRAN

The best low level walks and challenging mountain routes, including the Arran Coastal Way



### **WALKING ON ARRAN**

### THE BEST LOW LEVEL WALKS AND CHALLENGING MOUNTAIN ROUTES, INCLUDING THE ARRAN COASTAL WAY By Paddy Dillon



JUNIPER HOUSE, MURLEY MOSS,
OXENHOLME ROAD, KENDAL, CUMBRIA LA9 7RL
www.cicerone.co.uk

© Paddy Dillon 2023

Fourth edition 2023

ISBN: 978 1 78631 135 1

First edition 2004 Second edition 2011 Third Edition 2016 ISBN-10: 1 85284 269 5 ISBN: 978 1 85284 478 3

ISBN: 978 1 85284 825 5

Printed in Singapore by KHL Printing on responsibly sourced paper. A catalogue record for this book is available from the British Library.

All photographs are by the author unless otherwise stated.



 $\ensuremath{\mathbb{Q}}$  Crown copyright 2023 OS PU100012932. NASA relief data courtesy of ESRI.

Paper | Supporting

FSC® C004791

### Updates to this guide

While every effort is made by our authors to ensure the accuracy of guidebooks as they go to print, changes can occur during the lifetime of an edition. Any updates that we know of for this guide will be on the Cicerone website (www.cicerone.co.uk/1135/updates), so please check before planning your trip. We also advise that you check information about such things as transport, accommodation and shops locally. Even rights of way can be altered over time. We are always grateful for information about any discrepancies between a guidebook and the facts on the ground, sent by email to updates@cicerone.co.uk or by post to Cicerone, Juniper House, Murley Moss, Oxenholme Road, Kendal, LA9 7RL.

Register your book: To sign up to receive free updates, special offers and GPX files where available, register your book in your Cicerone library at www.cicerone.co.uk.

Front cover: Stepping stones cross Sannox Burn (Walk 31)

### **CONTENTS**

	_
	5
Route sum	mary table
INTRODU	ICTION
	Arran
	bund Arran
	ur bearings
	classroom
	t history
	ership and access
	nals
	nts
	dation
Food and o	drink
Tourist info	ormation
	services
0 ,	
<b>THE WALK</b>	<b>(S</b>
Walk 1	Goatfell and Brodick34
Walk 2	Brodick Castle Forest Trails
Walk 3	Brodick and the Clauchland Hills
Walk 4	Sithein and Glen Cloy
Walk 5	Sithein and The Ross
Walk 6	Holy Isle from Lamlash
Walk 7	Tighvein and Monamore Glen
Walk 8	Glenashdale and Urie Loch
Walk 9	Glenashdale Falls and Giants' Graves
Walk 10	Eas Mòr and Loch Garbad
Walk 11	Kilmory Forest Circuit
Walk 12	The Ross and Cnoc a' Chapuill
Walk 13	Shiskine and Clauchan Glen
Walk 14	Bridgend and Ard Bheinn
Walk 15	The String and Beinn Bhreac
Walk 16	Machrie Moor Stone Circle
Walk 17	Dougarie and Beinn Nuis
Walk 18	Dougarie and Sail Chalmadale

Walk 19	Imachar and Mullach Buidhe
Walk 20	Pirnmill and Mullach Buidhe
Walk 21	Coire-Fhionn Lochan
Walk 22	Catacol and Meall nan Damh
Walk 23	Catacol and Beinn Bhreac
Walk 24	Catacol and Beinn Tarsuinn
Walk 25	Lochranza and Meall Mòr
Walk 26	Gleann Easan Biorach
Walk 27	Lochranza and Cock of Arran
Walk 28	Lochranza and Sail an Im
Walk 29	North Glen Sannox Horseshoe
Walk 30	Glen Sannox Horseshoe
Walk 31	Glen Sannox to Glen Rosa 178
Walk 32	Sannox, Goatfell and Corrie
Walk 33	Glen Rosa and Beinn Tarsuinn
Walk 34	Western Glen Rosa
Walk 35	Eastern Glen Rosa
ARRAN C	<b>OASTAL WAY</b>
Walk 36	Brodick to Sannox (forest)
Walk 37	Brodick to Sannox (mountain)
Walk 38	Sannox to Lochranza
Walk 39	Lochranza to Imachar
Walk 40	Imachar to Blackwaterfoot
Walk 41	Blackwaterfoot to Lagg (coastal)
Walk 42	Blackwaterfoot to Lagg (inland)248
Walk 43	Lagg to Whiting Bay (coastal)
Walk 44	Lagg to Whiting Bay (inland)
Walk 45	Whiting Bay to Brodick
Appendix	A Useful contacts
Appendix	
Appendix	B Gaelic/English glossary

### Route symbols on OS map extracts

start/finish point



o route



0 kilometres 0.5

start point finish point

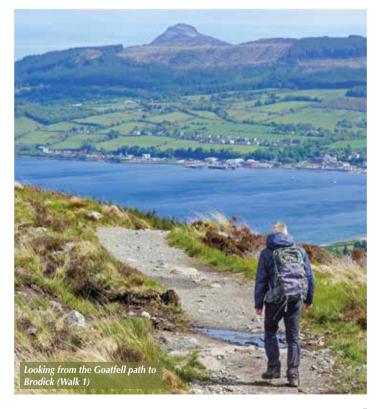
alternative finish point

route direction

for OS legend see printed OS maps

### **GPX** files

for all routes can be downloaded free at <a href="https://www.cicerone.co.uk/1135/GPX">www.cicerone.co.uk/1135/GPX</a>



**R**OUTE SUMMARY TABLE

### **ROUTE SUMMARY TABLE**

1 Goatfell and Brodick 2 Brodick Castle Forest Trails 3 Brodick and the Clauchland Hills 4 Sithein and Glen Cloy 5 Sithein and The Ross 6 Holy Isle from Lamlash 7 Tighvein and Monamore Glen Glenashdale and Urie Loch Giants' Graves 9 Glenashdale Falls and Giants' Graves 10 Eas Mòr and Loch Garbad Car park, Eas Mòr Car	ı
road  Brodick and the Clauchland Hills  Cnoc na Dail  Cnoc na Dail  Cnoc na Dail  Sithein and Glen Cloy  Pier, Lamlash  Holy Isle from Lamlash  North Jetty, Holy Isle  Tighvein and Monamore  Glen  Glenashdale and Urie Loch  Glenashdale Falls and  Giants' Graves  Garbad  Car park, Eas Mòr  Kilmory  The Ross and Cnoc a'  Chapuill  Shiskine  Cnoc na Dail  Cnoc na Dail  Cnoc na Dail  Cnoc na Dail  Pier, Lamlash  North Jetty, Holy Isle  No	1
Hills  Hills  Kithein and Glen Cloy  Cnoc na Dail  North Jetty, Holy Isle  North Jetty, Holy Isle  North Jetty, Holy Isle  North Jetty, Holy Isle  Coffee Pot, Whiting Bay  Coffee Pot, Wh	
5 Sithein and The Ross Pier, Lamlash Pier, Lamlash 6 Holy Isle from Lamlash North Jetty, Holy Isle North Jetty, Holy Isle 7 Tighvein and Monamore Olen Dyemill car park, Monamore Glen Monamore Glen 8 Glenashdale and Urie Loch Old Pier, Whiting Bay Old Pier, Whiting Bay 9 Glenashdale Falls and Giants' Graves Coffee Pot, Whiting Bay Coffee Pot, Whiting Bay 10 Eas Mòr and Loch Garbad Car park, Eas Mòr Car park, Eas Mòr 11 Kilmory Forest Circuit Kilmory Kilmory 12 The Ross and Cnoc a' Top of The Ross Top of The Ross 13 Shiskine and Clauchan Glen Shiskine Shiskine	
6 Holy Isle from Lamlash North Jetty, Holy Isle North Jetty, Holy Isle 7 Tighvein and Monamore Glen Dyemill car park, Monamore Glen 8 Glenashdale and Urie Loch Old Pier, Whiting Bay Old Pier, Whiting Bay 9 Glenashdale Falls and Giants' Graves Coffee Pot, Whiting Bay Coffee Pot, Whiting Bay 10 Eas Mòr and Loch Garbad Car park, Eas Mòr Car park, Eas Mòr 11 Kilmory Forest Circuit Kilmory Kilmory 12 The Ross and Cnoc a' Top of The Ross Top of The Ross 13 Shiskine and Clauchan Glen Shiskine Shiskine	
7 Tighvein and Monamore Dyemill car park, Monamore Glen 8 Glenashdale and Urie Loch Old Pier, Whiting Bay Old Pier, Whiting Bay 9 Glenashdale Falls and Giants' Graves 10 Eas Mòr and Loch Garbad Car park, Eas Mòr Car park, Eas Mòr 11 Kilmory Forest Circuit Kilmory Kilmory 12 The Ross and Cnoc a' Chapuill 13 Shiskine and Clauchan Glen Shiskine Dyemill car park, Monamore Glen Old Pier, Whiting Bay Coffee Pot, Whiting Bay Top for Pot, Whiting Bay Coffee Pot, Whiting Bay Coffee Pot, Whiting Bay Top for Pot, Whiting Bay Coffee Pot, Whiting Bay Top for Pot, Whiting Bay Top for Pot, Whiting Bay Coffee Pot, Whiting Bay Top for Pot, Whiting Bay Top for Pot, Whiting Bay Silver Pot, Whiting Bay Coffee Pot, Whiting Bay Top for Pot, Whiting Bay Top for Pot, Whiting Bay Silver Pot, Whiting Bay Top for Pot, Whiting Bay Top for Pot, Whiting Bay Silver Pot, Whiting Bay Top for Pot, Whiting Bay Silver Pot, Whiting Bay Top for Pot, Whiting Bay Silver Pot, Whiting Bay Top for Pot, Whiting Bay Silver Pot, Whiting Bay Silver Pot, Whiting Bay Top for Pot, Whiting Bay Silver Pot, Whiting Bay Si	
Glen  Glenashdale and Urie Loch  Glenashdale and Urie Loch  Glenashdale and Urie Loch  Glenashdale Falls and Giants' Graves  Glenashdale Falls and Giants' Graves  Coffee Pot, Whiting Bay  Coffee Pot, Whiting Bay  Coffee Pot, Whiting Bay  Coffee Pot, Whiting Bay  Car park, Eas Mòr  Car park, Eas Mòr  Kilmory  Kilmory  The Ross and Cnoc a'  Chapuill  Shiskine and Clauchan Glen  Shiskine	
9 Glenashdale Falls and Giants' Graves Coffee Pot, Whiting Bay Bay Coffee Pot, Whiting Bay Car park, Eas Mòr Kilmory Forest Circuit Kilmory The Ross and Cnoc a' Chapuill Shiskine and Clauchan Glen Shiskine Shiskine	
Giants' Graves  Bay  Car park, Eas Mòr  Kilmory Forest Circuit  The Ross and Cnoc a' Chapuill  Shiskine and Clauchan Glen  Car park, Eas Mòr  Kilmory  Kilmory  Top of The Ross  Top of The Ross  Shiskine  Shiskine	
11 Kilmory Forest Circuit Kilmory Kilmory  12 The Ross and Cnoc a' Top of The Ross Top of The Ross 13 Shiskine and Clauchan Glen Shiskine Shiskine	
The Ross and Cnoc a' Top of The Ross Top of The Ross Chapuill  Shiskine and Clauchan Glen Shiskine Shiskine	
Chapuill  Shiskine and Clauchan Glen Shiskine Shiskine	
14 Pridgend and Ard Phoinn Pridgend Pridgend	
14 Bridgend and Ard Bheinn Bridgend Bridgend	
15 The String and Beinn Bhreac Glenloig, The String Glenloig, The String	
16 Machrie Moor Stone Circle Nr Machrie Water Nr Machrie Water	
Dougarie and Beinn Nuis Dougarie Dougarie	
Dougarie and Sail Dougarie Dougarie Chalmadale	
19 Imachar and Mullach Between Whitefarland and Imachar Between Whitefarland and Imachar	
20 Pirnmill and Mullach The Lighthouse, Pirnmill The Lighthouse, Pirnmill	
21 Coire-Fhionn Lochan Mid Thundergay Mid Thundergay	

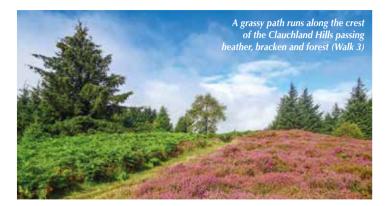
Distance	Total ascent	Time	Page
16.5km (10¼ miles)	875m (2870ft)	5hr	34
5km (3 miles)	180m (590ft)	1hr 30min	39
11 or 13km (7 or 8¼ miles)	380m (1245ft) or 440m (1440ft)	3hr 30min or 4hr	44
14km (8¾ miles)	610m (2000ft)	4hr 30min	48
12.5km (7 <sup>3</sup> / <sub>4</sub> miles)	480m (1575ft)	4hr	52
7km (4½ miles)	350m (1150ft)	2hr 30min	56
10km (61/4 miles)	490m (1605ft)	3hr	62
12.5 or 17km (7 <sup>3</sup> / <sub>4</sub> or 10½ miles)	480 or 620m (1575 or 2035ft)	4hr or 5hr 30min	66
6km (3 <sup>3</sup> / <sub>4</sub> miles)	250m (820ft)	2hr	72
5km (3 miles)	200m (655ft)	1hr 30min	76
11 or 21.5km (7 or 13½ miles)	260 or 530m (855 or 1740ft)	4hr to 7hr	79
14km (8¾ miles)	370m (1215ft)	4hr 30min	85
10.5km (6½ miles)	360m (1180ft)	3hr 30min	89
13km (8 miles)	650m (2130ft)	4hr	93
12km (71/2 miles)	680m (2230ft)	4hr	97
4.5km (2 <sup>3</sup> / <sub>4</sub> miles)	40m (130ft)	1hr 30min	101
16 or 22.5km (10 or 14 miles)	400 or 900m (1310 or 2950ft)	5hr or 7hr	104
16.5km (10¼ miles)	555m (1820ft)	5hr	111
18km (11 miles)	890m (2920ft)	5hr 30min	116
12km (7½ miles)	980m (3215ft)	4hr	121
9km (5½ miles)	660m (2165ft)	3hr	125

WALKING ON ARRAN

Walk	Title	Start	Finish	Distance	Total ascent	Time	Page
22	Catacol and Meall nan Damh	Fairhaven, Glen Catacol	Fairhaven, Glen Catacol	11km (7 miles)	650m (2130ft)	5hr 30min	129
23	Catacol and Beinn Bhreac	Fairhaven, Glen Catacol	Fairhaven, Glen Catacol	16.5km (101/4 miles)	1180m (3870ft)	5hr 30min	133
24	Catacol and Beinn Tarsuinn	Fairhaven, Glen Catacol	Fairhaven, Glen Catacol	16km (10 miles)	890m (2920ft)	5hr	139
25	Lochranza and Meall Mòr	Lochranza Castle road	Lochranza Castle road	11km (7 miles)	650m (2130ft)	3hr 30min	144
26	Gleann Easan Biorach	Lochranza Castle road	Lochranza Castle road	16.5km (101/4 miles)	650m (2130ft)	5hr	149
27	Lochranza and Cock of Arran	St Bride's Church, Lochranza	St Bride's Church, Lochranza	12.5km (7 <sup>3</sup> / <sub>4</sub> miles)	360m (1180ft)	4hr	154
28	Lochranza and Sail an Im	Isle of Arran Distillery, Lochranza	Isle of Arran Distillery, Lochranza	17.5km (11 miles)	1000m (3280ft)	5hr 30min	159
29	North Glen Sannox Horseshoe	North Glen Sannox	North Glen Sannox	10.5km (6½ miles)	910m (2985ft)	3hr 30min	164
30	Glen Sannox Horseshoe	Glen Cottage, Sannox	Glen Cottage, Sannox	16km (10 miles)	1700m (5575ft)	6hr	170
31	Glen Sannox to Glen Rosa	Glen Cottage, Sannox	Ferry Terminal, Brodick	15.5km (9¾ miles)	550m (1805ft)	5hr	178
32	Sannox, Goatfell and Corrie	Glen Cottage, Sannox	Village Hall, Corrie	11km (7 miles)	1190m (3905ft)	4hr	183
33	Glen Rosa and Beinn Tarsuinn	Glen Rosa campsite	Glen Rosa campsite	14.5km (9 miles)	1030m (3380ft)	5hr	189
34	Western Glen Rosa	Glen Rosa campsite	Glen Rosa campsite	18km (11 miles)	1200m (3935ft)	5hr 30min	195
35	Eastern Glen Rosa	Arran Heritage Museum	Arran Heritage Museum	17.5km (11 miles)	1000m (3280ft)	5hr 30min	204
36	Brodick to Sannox (forest)	Ferry Terminal, Brodick	Glen Cottage, Sannox	13km (8 miles)	200m (655ft)	4hr	211
37	Brodick to Sannox (mountain)	Ferry Terminal, Brodick	Glen Cottage, Sannox	16km (10 miles)	875m (2870ft)	5hr	217
38	Sannox to Lochranza	Glen Cottage, Sannox	Lochranza Castle road	16km (10 miles)	100m (330ft)	5hr	223
39	Lochranza to Imachar	Lochranza Castle road	Imachar	15km (91/2 miles)	150m (490ft)	5hr	229
40	Imachar to Blackwaterfoot	Imachar	Blackwaterfoot	16.5km (101/4 miles)	100m (330ft)	5hr	235
41	Blackwaterfoot to Lagg (coastal)	Blackwaterfoot	Lagg Hotel	12km (7½ miles)	100m (330ft)	4hr	243
42	Blackwaterfoot to Lagg (inland)	Blackwaterfoot	Lagg Hotel	11km (7 miles)	160m (525ft)	3hr 30min	248
43	Lagg to Whiting Bay (coastal)	Lagg Hotel	Old Pier, Whiting Bay	16km (10 miles)	100m (330ft)	7hr	253
44	Lagg to Whiting Bay (inland)	Lagg Hotel	Old Pier, Whiting Bay	20.5km (12 <sup>3</sup> / <sub>4</sub> miles)	420m (1380ft)	7hr	261
45	Whiting Bay to Brodick	Old Pier, Whiting Bay	Ferry Terminal, Brodick	18km (11 miles)	200m (655ft)	5hr 30min	271

# Craggy Cir Mhòr and Goatfell as seen from the 'Dress Circle' on Caisteal Abhail (Walk 29)

### **INTRODUCTION**



The Isle of Arran rises proudly from the Firth of Clyde between Ayrshire and Kintyre. Its mountainous form dominates the open waters of the Clyde and its jagged peaks are a tempting challenge for walkers. We know that people first came to the island some 5500 years ago, although some periods of its history are only dimly recorded. Over the past hundred years or so, tourism has become an important industry here. Arran has much to offer the visitor and is often described as 'Scotland in miniature'. Roads are few, but opportunities to explore the island on foot are many and varied.

This guidebook offers a selection of 45 walks. As many of the walks are inter-linked, there are opportunities to create longer treks traversing the length and breadth of the island.

### GETTING TO ARRAN

Getting to Arran is easier than you might think. The island is close to Glasgow, which is a very important transport hub with busy road and rail services and nearby international airports. Onward connections from Glasgow to Arran are swift and frequent. See Appendix A for a list of useful transport contacts.

### By air

Two airports are handy for Arran. Glasgow International Airport (www. glasgowairport.com) is served from around 100 locations by over a dozen airlines, including budget and national carriers. Several British and European airports, as well as a couple of airports in the US and Canada, serve Glasgow. Prestwick International Airport (www.glasgowprestwick.com)

Walking on Arran

Getting around Arran

handles flights from nine Spanish and Portuguese airports, which are almost exclusively operated by Ryanair (www.ryanair.com).

### By rail

Long-distance Avanti West Coast trains (www.avantiwestcoast.co.uk) start from London Euston, travelling via Birmingham to reach Glasgow Central, LNFR trains (www.lner.co.uk) start from London King's Cross, travelling via Newcastle to Edinburgh and Glasgow Central. CrossCountry trains (www.crosscountrytrains.co.uk) travel from many parts of Britain, with a hub at Birmingham, to reach Edinburgh and Glasgow Central. Caledonian Sleeper trains (www. sleeper.scot) travel through the night from London Euston to Glasgow Central. Transpennine Express trains (www.tpexpress.co.uk) travel from Manchester to Glasgow Central. Once at Glasgow Central, simply change to ScotRail trains (www.scotrail.co.uk) to reach Ardrossan Harbour for the ferry to Arran. (Harbour works are anticipated, so check sailings carefully, as they may operate temporarily from Troon.) Rail & Sail tickets are available through ScotRail, covering both the train and ferry journey.

### By bus

National Express coaches (www. nationalexpress.com) run from many points around Britain, combining with Scottish Citylink coaches (www.citylink.co.uk) to converge on Buchanan Street Bus Station in Glasgow. Stagecoach West Scotland buses X76 or X77, with a change to buses 11 or 585, cover the distance from Buchanan Street Bus Station to Ardrossan. The same company also operates bus services around Arran (www.stagecoachbus.com).

### By car

Driving from Glasgow, the following roads could be used to reach Ardrossan: the coastal A78 via Largs, the A737 via Beith or the A736 via Irvine, Drivers from Northern Ireland who arrive at Cairnryan simply follow the A77 and A78 main coastal road. Drivers from England should leave the M6 and follow the A75 and A76 for a scenic approach to Ardrossan through the Southern Uplands. Drivers coming from Western Scotland can avoid travelling through Glasgow by following the A83 road on to Kintyre. From there, use the summer ferry service from Claonaig to Lochranza.

### By ferry

Caledonian MacBrayne (tel 0800 0665000, www.calmac.co.uk) operate between six and ten sailings per day between Ardrossan Harbour and Brodick throughout the summer, with a reduced service in winter. (Harbour works are anticipated, so check sailings carefully, as they may operate temporarily from Troon.) The typical crossing time is 55 minutes. There is also a summer ferry service between Claonaig on the Kintyre peninsula and

Lochranza on Arran, with nine crossings each way per day, taking 30 minutes. Both ferries carry vehicles.

Following the introduction of the Road Equivalent Tariff (RET) for ferries throughout Scotland during 2014 and 2015, fares to Arran have been drastically reduced.

### GETTING AROUND ARRAN

It is worth mentioning that this entire book was researched and updated exclusively using local bus services. There is no need to take a vehicle on to Arran, as almost every place that could be reached by car is also served by buses. Walking clubs from the mainland are regular weekend users of the buses. However, bear in mind that there are variations in the level of service between school days and school holidays, and services are much reduced on Sundays. Appendix A includes a list of contacts that may be useful in planning journeys around the island.

### By Stagecoach bus

Starting from the ferry terminal at Brodick, Stagecoach West Scotland buses (www.stagecoachbus.com) run around the island from early in the morning until late at night. Typically, buses start soon after 6am and run until 9pm, with some services running until almost 11.30pm on Fridays. There are slight seasonal variations, and Sunday services are much less frequent than weekdays.

Several buses run between Brodick, Lamlash and Whiting Bay, which are the three largest settlements on Arran. Buses also run back and forth along The String, or B880 road, between Brodick and Blackwaterfoot. A service running round the northern half of the island is complemented by another service running round the southern half of the island. Together, these buses cover a complete circuit around the coastal road, which is the A841 road, and the minor roads linking all the villages.

Arran DayRider tickets offer a day's unlimited travel around the island, while Arran MegaRider tickets offer a week's unlimited travel. The



Arran's excellent bus service can get you to the start of most walks

Walking on Arran

A geology classroom

only road without a bus service is The Ross, between Lamlash and Sliddery, although many years ago there were Post Bus services along it.

### By car

While cars can be brought on to Arran by ferry, it is an extra expense when the road use is so limited. So if you want to be green, it's easy enough to leave your car behind. Bus services on the island are perfectly adequate and reach the starting points of all the walking routes in this guidebook, with the exception of The Ross road and the short road serving Glen Rosa.

Anyone taking a car to the island should bear in mind that roads are often narrow and winding. There are



Keep an eye out for deer wherever you drive on Arran

lots of walkers and cyclists about, and sheep and deer frequently wander across the roads.

### By ferry

The only 'internal' ferry service is the one that serves Holy Isle from Lamlash. This ferry is subject to the tides and the weather, and it is always best to check the schedule in advance (tel 07904 846765, www.lamlashcruises.org.uk).

### Traveline Scotland

Up-to-date information about all kinds of public transport can be obtained from Traveline Scotland (tel 0871 2002233, www.travelinescotland.com). Services between Glasgow, Ayrshire and Arran can also be checked with Strathclyde Partnership for Transport (SPT) at www.spt.co.uk.

### FINDING YOUR BEARINGS

Visitors arriving at the ferry terminal at Brodick are confronted by a sign offering only two directions: north and south. The A841 is the main road along the eastern side of the island, with minor roads along the western side, linking practically all the villages on the island. In a clockwise order these include Brodick, Lamlash, Whiting Bay, Kildonan, Kilmory, Sliddery, Blackwaterfoot, Machrie, Pirnmill, Catacol, Lochranza, Sannox, Corrie and then back to Brodick.

Two roads run across the island. The String, or the B880, runs from



Brodick to Blackwaterfoot via Shiskine, with a minor road spur to Machrie. The Ross is a minor road from Lamlash to Sliddery. All the roads around and across the island are equipped with distinctive red sandstone milestones. The road system is so simple that it is virtually impossible to get lost, and there are comprehensive bus services along most of them.

If it's your first visit, you might consider taking buses all the way round the island, taking note of where the villages are located, what they offer and where the access points are for most of the walking routes in this guidebook.

Throughout the summer, the last surviving Clyde paddle steamer, the Waverley (www.waverleyexcursions. co.uk), offers tours around the Clyde and its islands, including a circuit around the coast of Arran. Walkers who plan to complete the Arran Coastal Way might enjoy a cruise around the island in order to inspect the coastline before they set off.

### A GEOLOGY CLASSROOM

The Isle of Arran is one of the most varied geological areas in the British Isles. Someone once noted that while some people write to *The Times* when they hear the first cuckoo of spring, others write to the *Arran Banner* when they hear the chipping of the first geologist of spring! The island is like a huge geological classroom and groups of students will often be seen outdoors peering at the rocks.

Walking on Arran Walk 1 – Goatfell and Brodick

### WALK 1

### Goatfell and Brodick

**Start/finish** Ferry Terminal, Brodick (NS 022 359)

 Distance
 16.5km (10¼ miles)

 Total ascent
 875m (2870ft)

 Time
 5hr

**Terrain** Roads, forest tracks, rugged moorland and mountain

paths. The upper parts are steep and rocky.

**Refreshments** Plenty of choice in Brodick. Pub and restaurant at

Cladach.

Some walkers step off the Caledonian MacBrayne ferry at Brodick and head straight for Goatfell, hoping to climb to the summit and return in time to leave the island. It's a grand day out for those who have the energy to complete the ascent between ferries, and this route description is just for them. Others may enjoy exploring Goatfell by a variety of routes and tackling the ascent with less urgency.

The route follows the roadside promenade through Brodick, switching to the Fisherman's Walk along the shore to Cladach, then climbs in earnest. The route is a combination of roads, tracks and a well-constructed mountain path. It is quite likely that many other walkers will be met on the way there and back, as this is the most popular way up and down Goatfell. The initial coastal walk could be omitted by catching a bus from the ferry terminal to Cladach, returning later, remembering to check up-to-date timetables.

Leave the ferry terminal and bus station, turning right to pass a stone announcing 'Welcome to Brodick', followed by a footbridge. Immediately to the right is a relief model of Arran, marking the start of the Arran Coastal Way. Follow a promenade path beside the main coastal road through **Brodick**. On a clear day, Goatfell will already be in view. If food or drink is needed, there is a large Co-op supermarket, as well as other shops, pubs and cafés along the way. The promenade runs

beside a pleasant green above a rocky shore, reaching a putting green and a smaller Co-op store. Turn right as signposted for the Fisherman's Walk to pass a car park and play park, picking up a sandy, gritty coastal path through a grassy area.

The path follows a long boardwalk, crosses a footbridge over a river, goes through a gate on to a golf course, then soon crosses a longer footbridge over the broader Glenrosa Water. Turn right to return towards the coast and walk beside the golf course. Later, walk along a sandy, pebbly beach beside **Brodick Bay**, coming ashore up a wooden ramp to cross yet another footbridge to reach a car park, mountain rescue base and bus stop at **Cladach**.

If using buses, start and finish here, saving a total of 5.5km (3½ miles).

### **CLADACH**

Cladach was once the main settlement on Brodick Bay, but it was gradually depopulated as Brodick developed. When Cladach was a larger huddle of buildings near Brodick Castle, it featured the Old Inn, the Village Inn, a woollen mill and a few houses. When the grounds surrounding Brodick Castle were redeveloped in 1853, the woollen mill moved to Millhouse and the tenants were re-housed at Douglas Place and Alma Terrace. A new school was built in 1854. Tourists had already started visiting the Isle of Arran, frequenting the Old Inn at Cladach, where goat's milk was a speciality. Tourism continued to develop and the new village of Brodick became equipped with a new and larger pier, a large hotel, shops and other businesses. Cladach has been redeveloped, retaining the appearance of a small village, with the Arran Brewery being a major attraction, along with The Wineport bar/bistro, gift shops and the Cladach Sawmill. There is also pedestrian access to Brodick Castle.

Home Farm Visitor Centre is a small retail development about 350 metres/yards from Cladach, in the direction of Brodick. It is based around Brodick Castle's original Home Farm, and it now features Arran's Cheese Shop, perfumed products at Arran Aromatics, the Isle of Arran Coffee Company and lanie's café.

Port nam Balaci Rubha Salac Glenshant Cladach Brodick Bay Brodick 128 Strathwhillan High Gienclos

Walk between the buildings at Cladach, passing the Arran Brewery, following a clear track gradually uphill as signposted to 'Goatfell Mountain'. The well-wooded slopes have been cleared of rhododendrons and the track crosses a tarmac driveway that serves as an exit for vehicles from nearby **Brodick Castle**. Follow the track up into Forestry and Land Scotland property, passing a large sign confirming that this is the way to Goatfell. As the track climbs, there are waymarked paths leading left and right, but always stay on the clearest track. At a higher level, keep left up a clear path marked 'Goatfell', avoiding a track on the right marked 'Balmoral Ride'.

The path rises through an area where rhododendron scrub has been cut back, crossing a forest road around 170m. Climb a slope of bracken and heather, bearing scattered stands of birch, where the forest is more distant. Small streams are crossed that flow into the nearby **Cnocan Burn**. The path remains quite clear as it climbs and the surroundings become more rugged. Cross a stout wooden footbridge across a water channel cut across the hillside, quickly reaching a gate in a tall deer fence around 305m. Beyond the gate, the mountain is owned and managed by the National Trust for Scotland.

Walk 2 is a short circular route that follows part of this track.

Massive blocks of granite stand on the shoulder of Goatfell before the final steep ascent



The path continues uphill at a gentler gradient for a while; it was restored after suffering years of erosion. There are sections with pitched stone and gravel surfaces, with drains removing excess water, although in some places the path crosses bare granite bedrock. The surrounding moorland is mostly wet, grassy, heathery and boulder strewn. The gradient gradually increases in **Coire nam Meann** as the path climbs up on to the shoulder of **Meall Breac**. There is a level stance before the path swings more to the left and aims directly towards Goatfell. This is the toughest part of the ascent, as the path weaves steeply between boulders and granite outcrops.

Views are extensive and stretch far into mainland Scotland, as well as embracing the Highlands, islands and the Antrim coast of Northern Ireland. The summit of **Goatfell** is reached quite suddenly and is composed of a bare table of granite bearing a few large boulders. There is a trig point at 874m with a view indicator provided by the Rotary Club of Kilwinning. This is the highest peak on Arran. ◀

If a careful check has been made of progress so far, then walkers should be able to gauge whether they are able to catch their intended bus or ferry. The descent needs to be taken carefully at first, but it should take less time than the ascent. It is simply a matter of retracing your steps back to **Cladach** to catch a bus, or continue all the way to the ferry terminal in **Brodick**.

### BRODICK

Brodick's main features and facilities can be spotted on the way back to the ferry terminal. In order of appearance they include Brodick Pharmacy, the Co-op store, a putting green, Shanghai Chinese takeaway, the Red Door gift shop, the Parlour ice cream and pizza eatery, Bank of Scotland (with ATM), Inspirations of Arran gift shop and Wooleys of Arran bakery.

Several more businesses look across the main road towards the sea, including Crofters bar and bistro, Invercloy Guest House, Arran Estate Agents, The Byre at Brodick, James of Arran Chocolate Shop, Ad Astra, Arran Gift Box, Book and Card and Post Office, Royal Bank of Scotland (with ATM), Brodick Health Centre, Dunvegan Guest House and the Shore House apartments, with the Arran Bike Hire and Farm Shop in its grounds. Next comes the Arran Active outdoor shop, a mini golf course, Taste of Arran,

Driftwood gift shop, Little Rock Café and Wee Deli. The derelict McLaren Hotel is due for redevelopment, then comes a large Co-op supermarket.

The Douglas is a hotel incorporating a bar, bistro and bunkhouse, while buildings alongside the grounds feature an optician, Arran Team and Arran Banner. The Roman Catholic church is tucked away behind. Finally, in a group at the ferry terminal, are the bus station, a filling station, Island Tours and Taxis, Copperwheat coffee shop, Hooked and Cooked fish and chips and the Brodick iCentre, tel 01770 303774.

### WALK 2

**Brodick Castle Forest Trails** 

**Start/finish** Brodick Castle access road (NS 018 378)

Distance5km (3 miles)Total ascent180m (590ft)Time1hr 30min

Terrain Clear, waymarked woodland paths and forest tracks.

Refreshments Café inside Brodick Castle. as well as a bar/restaurant at

Cladach.

The red sandstone towers and turrets of Brodick Castle are easily distinguished, poking above forests on the lower slopes of Goatfell. Castles have been built and rebuilt on this site for centuries, but the present one dates only from the 19th century and was the seat of the Dukes of Hamilton. Brodick Castle is the centrepiece of the National Trust for Scotland's holdings on Arran. It houses silverware and porcelain, paintings and sketches, with rooms full of fine furniture. Wrapped around Brodick Castle is a colourful woodland garden threaded by a variety of paths, lavishly planted with exotic trees and rhododendrons. A separate walled garden has a more regimented lavout and features more flowers than trees.

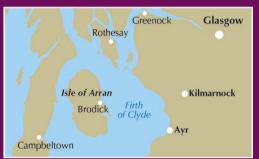
The grounds around Brodick Castle were designated as a country park in 1980 and are managed by the National Trust for Scotland and North Ayrshire Council. There is a complex network of waymarked trails to explore, and this walk combines some of them into a circuit on the forested slopes above







- Goatfell and all the summits in the wild north
- easy strolls and challenging high mountain scrambles
  - ancient historical sites and fascinating geology



The Isle of Arran is often referred to as 'Scotland in miniature'. The wild and challenging northern mountain ranges contrast markedly with the moorlands, forests and farmland of the south, while the coastal routes offer strolls across placid bays.

The 45 walks included here reflect Arran's unique variety of landscapes, introducing the highest mountains, fantastic geological features and the rich historical heritage of the island.

- routes range from easy nature trails to arduous mountain scrambles
- long distance 110km Arran Coastal Way

   one of Scotland's
   'Great Trails'
- includes walks for all seasons
- opportunities to link routes to form longer walks and circuits
- includes relevant background information for the visiting walker





