

WALKING IN THE WYE VALLEY

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This guide offers 30 varied walks set across the valley of the Wye river – only the fourth-largest river in England and Wales, but certainly the most scenic. The walks are divided into four sections, covering every area of the valley from Chepstow in the south to Plynlimon in the north. The key centres within the valley are Chepstow, Monmouth, Ross-on-Wye, Hereford, Hay-on-Wye, Builth Wells and Rhayader.

The Wye boasts spectacular scenery in the river's huge meanders and the densely wooded limestone gorge that marks the final miles of its journey to the Severn estuary. The surrounding valley is home to the pastoral tranquility of soaring open moorlands in this 'green desert' of mid-Wales, and Iron Age hillforts and medieval border castles dot the landscape.

The guide provides background information on local geology, wildlife and history, and planning details on when to go, where to stay and what to take.

Key marketing points

- Easily accessible from Cardiff, Gloucester and Birmingham
- Spectacular river scenery, with huge meanders and a classic limestone gorge
- Some upland walks are more challenging; however most routes fall within the capabilities of most people

About the author

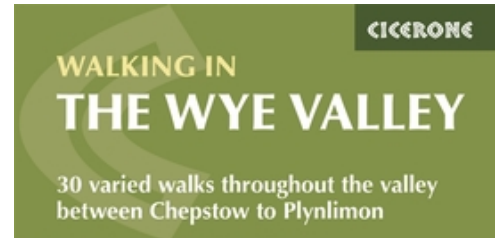
Mike Dunn was born and bred in the English Midlands but has lived in Penarth in the Vale of Glamorgan for over 25 years. He has worked for the Welsh Assembly Government, specialising in environmental and conservation issues, and has also written widely on landscape, walking, pubs and real ale. Mike's favourite locations for walking are the Welsh borders, the Hebridean Islands and the Lake District.

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