

WALKING ON TENERIFE

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This guide provides 45 walking routes revealing all the best walking to be had on Tenerife, including routes on the slopes of, and ascent of El Teide, and along the GR131. With distance and difficulty ranging mainly from 4-12 miles and from easy to arduous there is suitable challenge for walkers of all abilities, including a 20 miles 'Three Peaks of Tenerife' tour.

With the high-altitude Parque Nacional del Teide and lush laurisilva forests of Anaga, Tenerife has excellent natural scenery all over the island. Most paths are well marked by a network of signposts, and the guide suggests good bus services to gain access to and from start and finish points on linear routes. Shorter routes can be linked together, with further traditional routes linking mountain villages. The book also includes details of the island's local facilities.

Key marketing points

- Over 1.5 million UK visitors to Tenerife every year
- Over 4 million annual visitors to the Mount Teide National Park
- The most up-to-date walking guide dedicated to Tenerife
- Now in its second edition

About the author

Paddy Dillon is a prolific outdoor writer with over 60 guidebooks to his name. He writes for a number of outdoor magazines and other publications, and produces material for tourism groups and other organisations. He lives near the Lake District and has walked in every county in England, Scotland, Ireland and Wales; writing about walks in every one of them. He has led guided walks and walked extensively in Europe, as well as in Nepal, Tibet, Africa and the Rocky Mountains of Canada and the US.

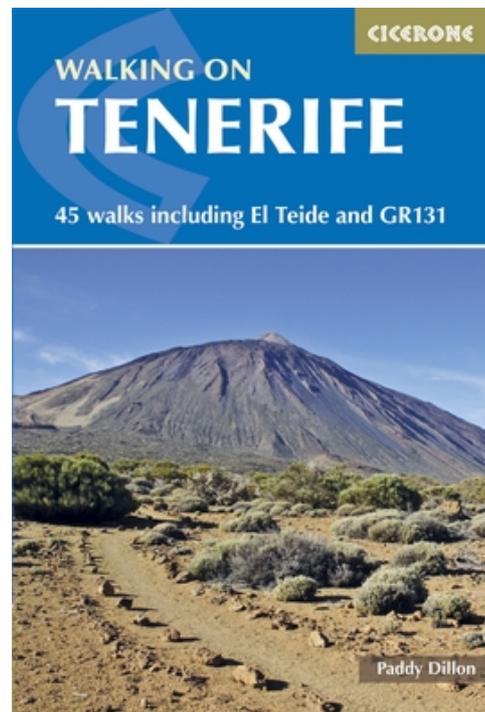
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