

TOUR OF MONTE ROSA

A Trekker's Guide

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This guide provides eight stages of route description and comprehensive planning and background details to the Tour of Monte Rosa, a challenging and very varied adventure that takes a high route around the massif, in a circuit that begins and ends in Zermatt, southern Switzerland.

Situated on the Swiss-Italian frontier, the spectacular Monte Rosa range boasts 10 summits over 4000m and is the largest massif in western Europe. Spectacular from all angles, this mountaineer's paradise of true wilderness allows walkers to experience a remoteness rarely found in the Alps.

The spectacular scenery is not all that the tour offers: the contrast between the Swiss and Italian sides of the range adds immeasurably to the whole experience and walkers are advised to take the time to explore some of the charming hamlets and villages found en route and to savour fully the different food and drink, history and culture that make up this alpine region.

Key marketing points

- One of the finest long-distance routes in the Alps
- A challenging but rewarding route for experienced Alpine walkers
- Now in second edition
- Increasingly popular trek

About the author

Hilary Sharp is British, a qualified Accompagnatrice en Montagne (International Mountain Leader), and is based permanently in France. After 23 years living in the Alps she now lives in northern Provence, within easy driving distance of the southern French Alps. She runs her own trekking business, and her love of walking and climbing has taken her to many parts of Europe and further afield.

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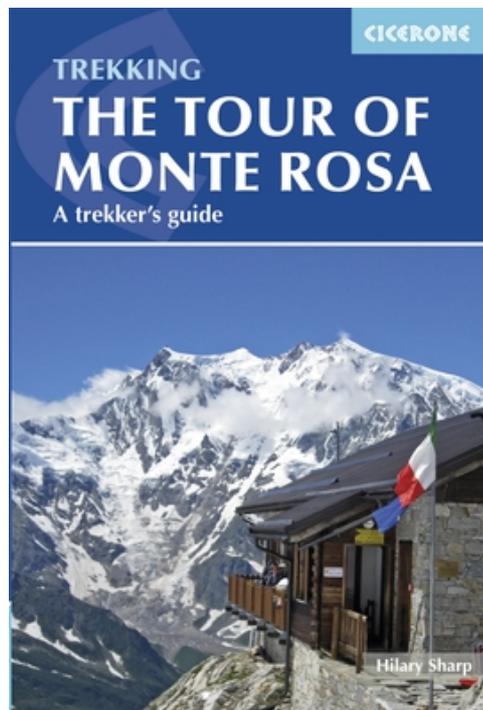
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